



**Lions District 22-A**

# InSights



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Happy Holidays!

Eileen and I extend our warmest thanks to all of you for joining us at the District Governor's Social. It was an absolute pleasure to share that evening with our fellow Lions, as well as our cherished family and friends. Our particular thanks to Lion Sandy Guzewich whose team put it all together and those whose participation made it so special. Our special guest for the weekend was International Director Jay Moughon who gave us an inspiring presentation.

ID Jay and I had the privilege of visiting several institutions, including the Wilmer Institute's Lions Low Vision Center at Johns Hopkins Hospital, Towson University's Hearing and Balance Center, and the Maryland School for the Blind. These institutions are not only supportive of Lions, but they also recognize the significant impact that Lions make in their communities. What truly left a lasting impression on both of us, however, was the incredible dedication of Lions that we witnessed on Saturday. From the Nepalese Lions organizing a Strides walk, to the Churchville Lions preparing the train garden, and the Bel Air Lions putting together the Christmas Tree lot, you have demonstrated unwavering commitment to health, community enjoyment, and meeting the financial responsibilities of community service. Your efforts are nothing short of remarkable, and I couldn't be prouder to lead such an exceptional group of Lions.

During the social gathering, I had the opportunity to express my gratitude to those Lions who have been mentors and inspirations to me, as well as to many others. I encourage all of you to continue being mentors and sources of inspiration to your fellow Lions. Your actions have the power to uplift, motivate, and guide others, just as you have inspired me. I have the privilege of being surrounded by individuals who embody the true spirit of our Lions motto, "We Serve."

Once again, I want to thank you all for your extraordinary service and unwavering dedication. Serving as your District Governor is a profound honor, and I eagerly anticipate the continued journey we will undertake together as we transform lives and work tirelessly to make the world a better place, one act of service at a time.

Yours in service,

*DG John*





## MULTIPLE DISTRICT 22 CONVENTION HIGHLIGHTS

### MD22 Convention News

December 2023

#### Guest Speaker



Leo-Lion Liaison Alicia Kiri Beer

**Lions, It's time to start thinking about the MD22 Convention!! You'll find complete information in the Registration Booklet going out along with this issue of InSights. Enjoy and don't hesitate to contact me if you have any questions.**

**IPDG Sue Parks, Convention Treasurer**

**[rich99991@verizon.net](mailto:rich99991@verizon.net)**

Lions, **COME JOIN THE EXCITEMENT!** From the first day you attend the Multiple District 22 Convention on April 19, 2024, to the last day of the event April 21, 2024, the Convention Committee is working to provide you with a new and exciting experience.

The Committee has secured the Ashore Resort and Beach Club in Ocean City, Maryland for the Convention. All rooms have a view of the ocean and/or the bay. The Ashore has the only private beach in Ocean City. Ocean City has miles of beautiful ocean and bay beaches. There is also 3 miles of a vibrant boardwalk nearby for your enjoyment.

The MD22 Golf Tournament will be held at Ocean Pines Golf Course, Ocean Pines, Maryland on April 18, 2024 with registration beginning at 11:45. **SEE FLYER NEXT PAGE!**

Again, this year, there will be Miniature Golf at Old Pro Golf on 68<sup>th</sup> Street. Challenge your friends to a game and have fun.

Discounted hotel rates have been negotiated by the convention committee and reservations must be made by March 21st. Standard Ocean View (two queens) \$149.00 +11% tax.

To book online go to:

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=17056&nights=1&checkin=4/18/2024&group=MDC2659&lang=en-us> You will most likely need to cut and paste the entire URL into your browser address bar. The page will preload the Convention dates and the Lions group code rate. You will see a \$35 Resort Fee but that will be waived at check-out.

To book by phone call: (410) 524-3535





# MD22 Convention Golf Tournament

**Thursday, April 18, 2024**

**Ocean Pines Golf Course**

100 Clubhouse Dr. Ocean Pines, MD 21811

11:45 am – Registration

1:00 pm – Shotgun Start

**Entry Fee \$80**

Includes Green Fees, Cart, and Range Balls

### *Format*

Shotgun Start ● Four Person Scramble

### *Prizes Awarded*

Individual Closest to the Pin Awards ● Trophies for Low Gross All Lions Team Score

**SUPER TICKET** available for \$25

Includes: Putting Contest, 2 Mulligans, 1 Move forward on tee box (white to yellow or yellow to red), and  
1 Free Throw onto Green

50/50 Raffle

MD22 Convention Golf  
Hole Sponsor  
Any Lions Club  
Multiple District 22



Showcase your Club or Business by sponsoring a Hole.

An 18" x 24" sign will be posted on a green  
with your Club, Business, or Individual name.

The cost for a Hole Sponsor sign is \$50.

The Player Registration Form and the Hole Sponsor Form are attached. Make your check payable to:  
**MD22 Convention Committee.** Mail the completed form and check to:

PCC Larry Burton  
3175 Deths Ford Rd.  
Darlington, MD 21034

The tournament is limited to 48 golfers. Deadline for registration and Hole sponsorship is April 1, 2024.  
For additional information, contact PCC Larry Burton 410-457-8787 or at [coach13@zoominternet.net](mailto:coach13@zoominternet.net)



## 22-A DISTRICT SOCIAL ~ November 11, 2023



*ID Jay Moughon gave the keynote address (left) and DG John cuts the cake (below).*



The Bel Air Lions Club sponsored the Social to honor our own District Governor John and First Lady Eileen Mosier on Saturday, November 11 at Columbus Gardens in Nottingham, MD. The event raised over \$2700 for DG John to donate to LASH (Lions Association for Sight and Hearing) and LCIF (Lions Clubs International Foundation).

Over 90 representatives from all MD22 Districts attended including the District Governors and many Past District Governors and other friends and family. International Director Jay Moughon ("mow-hon") gave the keynote address highlighting Lions leadership qualities. Lion Mark Wilson, from the Bel Air Lions Club, was the Master of Ceremonies. DG John Mosier credited several past Lions as his mentors and leaders that guided his growth as a Lion.

Clubs from across MD22 donated 12 baskets as part of the fundraising event to go along with the customary 50/50 game. Everyone enjoyed the buffet dinner. Lion Sandy Guzewich planned and organized the entire event and Lion John Hayes compiled and published the program book.



**LIONS CLUBS**  
**INTERNATIONAL CONVENTION**  
**WASHINGTON, DC**

**Multiple District 22**  
**Hosting the**  
**LCI Convention**

**July 2-6, 2027**

*"Put Out the Call" to*  
*Volunteer Lions Family*

[lciconv2027host@gmail.com](mailto:lciconv2027host@gmail.com)



Multiple District 22 Hosting  
Lions International Convention  
Washington DC • July 2 – 6, 2027

Greetings Lions & Leos,

Our district has been granted a very special honor. We have been chosen to host the 2027 Lions Club International Convention. We are anticipating up to 25,000 Lions from around the world to gather July 2-6, 2027 in Washington D.C. to put their Lions pride on full display.

Making this event even more special, thousands will visit the U.S. and our nation's capital for the first time. They will go home with memories of the monuments, memorials, and museums that make Washington D.C. such a spectacular tourist destination.

We want them to remember this convention and to know that Multiple District 22 made them feel welcomed and appreciated. This is why we want to be the best Lions Club International gathering ever. To do that, we need your help.

We're counting on each club within Multiple District 22 to help defray costs by encouraging their members to be generous with their donations. That's quite a responsibility, Lions have a long history of stepping up when they're needed, and we need your club to participate in this once-in-a-lifetime opportunity.

Remind your members that this is the chance to showcase your club's service projects and achievements and to gain recognition for your club on the world Lion stage. Every participating Lions Club will receive a banner patch with Level recognition and written acknowledgement from the Host Committee Secretary followed by presentations during each District Convention within Multiple District 22 Conventions.

Complete information is on the attached Lions International Convention Sponsor form.

Thank you for your support of Multiple District 22 and our efforts to make the 2027 Lions International Convention one your club, district and our country can be proud of!

Sincerely,

Rich Barb, PDG  
Finance Chair, Host Committee

Evan Gillett, PDG  
Finance Vice Chair, Host Committee



The **2027 Host Committee** will be doing Lion sponsorships three ways. The Lions Club International Convention in MD22 in Washington DC can be sponsored by **Club Sponsorships, Individual Lion Sponsorships & Business Sponsors**

### Lions Club Sponsor Banner Patch:

#### PLATINUM LEVEL

\$75 donation per member

#### GOLD LEVEL

\$40 donation per member

#### SILVER LEVEL

\$30 donation per member

#### BRONZE LEVEL

\$20 donation per member

The \_\_\_\_\_ Lions Club of District \_\_\_\_\_

would like to be a \_\_\_\_\_ Level Sponsor.

#### We will: (Check one)

- ☐ Pay in full one time – Date: \_\_\_\_\_
- ☐ Pay in two increments: Check years: ☐ 2023 ☐ 2024 ☐ 2025 ☐ 2026
- ☐ Pay in three increments: Check years: ☐ 2023 ☐ 2024 ☐ 2025 ☐ 2026

Every participating Lions Club will receive a banner patch with Level recognition, written acknowledgement from the Host Committee Secretary followed by presentations during each District Convention within Multiple District 22 Conventions.

**Individual Lion Sponsor Host Committee Pin:** This \$100 donation to the 2027 Host Committee will receive a *limited-edition Lion Pin* with written recognition by the Host Committee Secretary and recognition during Multiple District 22 and District Convention(s).

**Check one:** ☐ In Memory of \_\_\_\_\_ ☐ In Honor of \_\_\_\_\_

**Business Level 2027 Host Committee Sponsors:** Businesses, both local to the Washington DC area and local to any world-wide Lions club, are encouraged to support the activities of the 2027 Host Committee by making a donation, either monetary or in-kind. A letter acknowledging and thanking the business will be sent by the Secretary of the Host Committee. All Lions are encouraged to solicit corporate donations.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### Contact Person (Please print clearly)

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Represented Lions Club \_\_\_\_\_ District \_\_\_\_\_

Checks payable to: MD 22 Lions 2027 Convention Foundation, Inc.

Checks submitted to: Lion Larry Shelton, 13842 Outlet Drive Ste A 132, Silver Spring, MD 20904

EIN for Tax Purposes: 87-1862529

## Lions Clubs International & Diabetes Awareness

Diabetes has a large effect on our communities. An estimated 463 million adults across the world live with diabetes and its prevalence is increasing rapidly. By 2045, the number is expected to reach 700 million. Research has found that the rate of people being diagnosed with prediabetes and diabetes has been rising across the globe for many years. Diabetes is a global epidemic that touches every corner of the globe. Lions and Lions Clubs are working to reduce the prevalence of diabetes and improve the lives of those living with type II diabetes.



### **DIABETES IN MARYLAND** According to the Maryland Behavioral Risk Factor Surveillance System

- ❖ **10.5 % of Maryland adults have diabetes**
- ❖ **34% of Maryland adults have prediabetes** (approximately 1.6 million people)

#### **Risk factors for diabetes include:**

- ❖ Being overweight or obese
- ❖ Age (risk increases as age increases)
- ❖ Race or ethnicity
- ❖ Poor nutrition and lack of physical activity
- ❖ Tobacco use
- ❖ Prediabetes and gestational diabetes
- ❖ Social determinants such as income and education level

**Diabetes Awareness Ribbons** allow Lions to become active in reducing the cause and raising awareness of diabetes. By raising small donations and handing out this small ribbon we hope to bring awareness to those with diabetes.

**Diabetes Awareness Ribbons** raise funds to help by sending kids to diabetes camps, providing literature for coping with diabetes, cookbooks, diet planning, and literature.

**All of the funds raised with Diabetes Awareness Ribbons will go toward diabetes awareness and helping those with diabetes. That's the Lions' commitment.**





1 in 11 adults  
globally has  
diabetes<sup>1</sup>

#### ONE MAN'S ROAD TO HEALTH



It's a 12-minute drive from Len Dompke's suburban Chicago home to Edward-Elmhurst Hospital. Straight down York Road, four quick stop lights, and a sharp right into the parking lot. Traffic-wise, it's easy. Yet, the first time Dompke made the drive, it was one of the hardest of his life... a ride straight into tough stuff. Like

soul-searching, breaking decades-old bad habits, adopting healthier ones. Dompke — a 60-something husband, father, grandfather, friend — knew if something didn't change, he'd become one of the 400 million people worldwide living with diabetes. It was time to get healthy. Forever.

With a US\$95,000 grant from Lions Clubs International Foundation (LCIF), Lions partnered with Edward-Elmhurst to develop *Jumpstart Your Health*, a program providing education and resources to low-income adults at risk of developing diabetes. Lions, backed by LCIF and Edward-Elmhurst health

professionals, are trained as ambassadors who can advocate for diabetes prevention and facilitate Jumpstart meetings. It's a classic example of Lions doing what they do best — serve!

Dompke, who had tried, unsuccessfully, to become healthier on his own, made the drive to Edward-Elmhurst each week for a year, finding Jumpstart, LCIF, and Lions to be the lifelines he needed to become educated, stronger, 80 pounds lighter, and no longer at risk of diabetes. "Thank you, Lions!" said Dompke. "I want everyone to know how much good you're doing for communities every single day."

"I want everyone  
to know how  
much good  
you're doing for  
communities  
every single day."

# Diabetes



# A Disease of Epic Proportion

## 31 million.

That's the number of people in this part of the world with diabetes<sup>2</sup>. But that's just the beginning. Consider these sobering insights into the disease the World Health Organization says is the eighth leading cause of death in the United States<sup>3</sup>:



**~16%** of adults in Puerto Rico have diabetes

Related deaths rose ~25% in the last 10 years<sup>4</sup>



Diabetes is **one**

of the Caribbean's major public health challenges<sup>5</sup>

**\$327B**

is the cost of diagnosed diabetes in the United States<sup>6</sup>



**THAT'S HERE.**  
**GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:**

**~463 million**

20-79-year-olds had diabetes  
Cases expected by 2045: 700 million

**50%**

of diabetes cases were undiagnosed

**10%**

of all health expenditure on adults was due to diabetes

**374 million**

people were at increased risk of type 2 diabetes

**4.2 million deaths**

were caused by diabetes

**Type 1 diabetes has no known cause nor cure;** combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behavior modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more<sup>7</sup>.

## LCIF AND LIONS

### Funding Service, Delivering Solutions

Since 2000, diabetes' prevalence has risen more than 300%<sup>8</sup>. LCIF and Lions are there, and part of the solution to this global epidemic.

[lcif.org/diabetes](https://lcif.org/diabetes)

**DIABETES GRANTS**  
support screenings,  
health facility access,  
education, camps

**UP TO  
US\$250,000**

**MATCHING GRANTS**  
fund large-scale  
construction and  
equipment costs

**US\$10,000 -  
US\$100,000**

**DISTRICT AND  
CLUB COMMUNITY  
IMPACT GRANTS**  
apply to district  
and club projects

**GRANT  
AMOUNT VARIES**

SOURCES/NOTE: <sup>1</sup>International Diabetes Federation; <sup>2</sup>World Health Organization; <sup>3</sup>Project Hope; <sup>4</sup>National Center for Biotechnology Information; <sup>5</sup>American Diabetes Association; grant limits subject to change



**Lions Clubs International  
FOUNDATION**

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Diabetes is just one cause area supported by LCIF and Campaign 100: LCIF Empowering Service. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts, fight the global epidemic of diabetes, and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE  
BY SUPPORTING YOUR  
FOUNDATION**

[lionsclubs.org/donate](https://lionsclubs.org/donate)



We are looking forward to the next USA/Canada Forum in the Bluegrass state, Kentucky. Louisville will be the venue in 2024. Mark your calendar for September 5 - 7, 2024.

At the Lions Leadership Forum, attendees have the privilege to witness insights from four phenomenal keynote speakers.



On Thursday evening, Sam Glenn, renowned for his inspirational and artistic speeches, will captivate the audience with his message on the power of attitude. With nearly three decades of experience addressing diverse audiences, including some as large as 75,000 people, Sam emphasizes that a positive attitude is the foundation of transformation for any organization.

Friday's luncheon will spotlight Randy Pierce, who, after being struck by a debilitating neurological disease in 1989, transformed from a sighted young man to facing life's challenges as a blind individual. Randy's spirit remains unbroken, using adversity as a stepping stone for growth and achievement, showcasing his myriad adventures and honors.



At Saturday's lunch, attendees will be enthralled by the vision of Fabrício Oliveira, the 2024-2025 Lions Clubs International President, emphasizing that every Lion can make a significant impact.

To culminate the event on Saturday evening, Trish Wilson will share her vibrant perspective on life. Echoing her motto, "You have one more day, to do one more thing, to change one more life," she urges the audience to see each day as a unique opportunity for adventure, challenges, and life-changing moments.





## Brown Bag Training Opportunity All Lions



What if you had a training opportunity held in the Myersville Fire Hall training room, 301 Main Street, Myersville, Maryland 21773, on a Saturday from 9:00 a.m. until 2:00 p.m. with no cost to you or your club? Would you attend? Lions from every level including club, zone, district and multiple district would benefit from attending.

This Lions leadership training is planned for Saturday January 20, 2024. This is a “brown bag lunch” training. (We will provide the location and the training; you bring your own lunch.) The training is open to all Lions no matter their position. It will include the following:

- Identifying Characteristics of Healthy Clubs
- Analyzing Club Health Assessment Reports
- Club Action Strategies and Resources to Boost Club Health
- Setting SMART goals
- Creating an Action Plan
- Applying SMART Goal and Action Plan Knowledge
- Defining the Problem
- Addressing the Root Cause of Problems
- Implementing Curative Actions
- Duties, Roles and Responsibilities of Cabinet Officers and District Coordinators



We will have instructors trained by Lions International using a curricula developed by the Leadership Development Department of our international organization. To be a better leader we all need training and experience. We can provide the first two, but we need YOU.

YOU should attend to better serve your club and your district. You should attend to learn the duties, roles, and responsibilities of cabinet officers and district coordinators. This training will help improve problem solving skills, goal making skills, and the ability to develop and use plans to achieve the actions your club needs.

Leadership does require you to have the proper training and experience. Please join us in this “bring your own lunch” leadership training program on January 20, 2024. Please email [join22wlions@gmail.com](mailto:join22wlions@gmail.com) to secure your attendance.





## ABERDEEN LIONS CLUB HIGHLIGHTS

**New Member** - New member Jeffrey Meiselwitz, sponsored by Lion Chuck Jacobs, has been added to our membership. He will be inducted at the December meeting by PCC Rowe Haywood.

**LVRF Rally** - Lions Vision Research Foundation Homecoming Rally - November 18th, 2023, at Chevy Chase Auditorium, Johns Hopkins at 9:30 am. An email regarding the event has been sent to membership. Lion Carol will be attending the Rally and will present a check from the ALC in the amount of \$1,250.

**Lion Train Garden** - ALC volunteered at the train garden on November 25, 2023, located at Blooms Broom Dairy. The following lions participated wearing their Lions apparel: King Lion Cynthia, Lions Sandy, Carol, Dave, and Chuck. A big thank you to Lion Norm for helping the Churchville Lions cut the legs down on the tables.

**Loan Closet** - Chair Lion Mark Schlottman noted that the Loan Closet needs wheelchairs, transfer benches, transport chairs, potty chairs, etc. Please keep your eyes open for individuals wanting to donate these items. Keep checking on Marketplace on Facebook for free items that people post there.



### EMPTY STOCKING FUND 2023 ABERDEEN LIONS CLUB ANGEL PROJECT

Collecting toys to put smiles on  
little faces at Christmas.

Please consider donating one  
or more unwrapped, new toy(s).

*Toys are accepted anytime throughout the year.*

Contact Lions Karin Hancock, Lion Cynthia Moats or  
Linda Welsh for additional information. **Toys, gift cards  
can be dropped off at: Century 21 New Millenium  
200 North Philadelphia Blvd, Suite C, Aberdeen, MD 21001**



## LIONS CLUB of BALTIMORE NEPALESE HIGHLIGHTS



# Lions Club Of Baltimore Nepalese

## Upcoming Events (2023/24)

### CHILDHOOD CANCER AWARENESS

Children Book Drive till 30 Sep and  
donate to Johns Hopkins Hospital

### VISION

Collecting used eye glasses at  
Coffee Talk Towson till 12th Oct  
to deliver to Maryland School  
for The Blinds

### HUNGER RELIEF

Non Perishable Food Drive  
09-20 October  
to donate to local food bank (ACTC)

### DIABETES AWARENESS

Distributing ribbons for awareness, sharing  
important info about Diabetes, and stride  
at the Roland Lake Park on 11th Nov  
9am to 12 noon

### ENVIRONMENT

Details coming soon

### KITE FESTIVAL

Kids and parents from the Multi cultural  
families come together and enjoy the kite  
flying at the Gunpowder Falls Park on 29  
October 10am to 3pm

### PEACE POSTER

Details coming soon

### 2 BINGO NIGHTS Fundraiser Event Details coming soon

### MENTAL HEALTH AWARENESS Details coming soon

### BLOOD COLLECTION Details coming soon

### HEALTH CAMPS Details coming soon

### 2 SUMMER YOUTH CAMP Details coming soon

Please follow our Facebook page for the updates on current and future activities.  
Our club is working on to complete ONE activity for EVERY member.

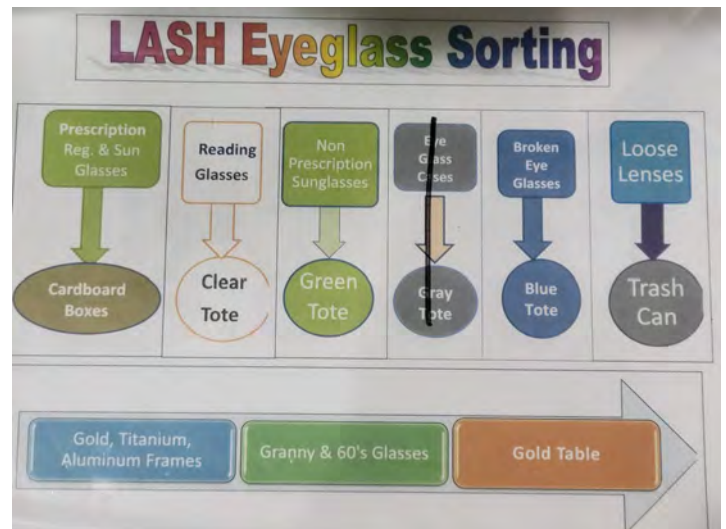
Suggestions and supports are very welcome. Lets get connected.  
Email – [nara.coffeetalk@gmail.com](mailto:nara.coffeetalk@gmail.com) Phone: 585 406 8594  
Thank you so much

Yours in Lionism,  
*Nara Khakurel*  
Club President- LCBN



## LIONS CLUB of BALTIMORE NEPALESE HIGHLIGHTS continued

Baltimore Nepalese brought 149 pairs of used eye glasses to the Maryland School for the Blind and joined the sorting process. President Nara says it was his first time doing this, learned how to separate the glasses and put into the proper bin.



We conducted a book drive for childhood Cancer Awareness and delivered the books to Johns Hopkins. There were about 60 books and learning materials collected over about a 2 week period. The books were worth around \$400 in total.

JOIN OUR COMMUNITY EVENT

**STRIDES**  
FOR DIABETES AWARENESS

For Details:  
Text: 585 406 8594

This Event is Organized by  
**Lions Club of Baltimore Nepalese**

**Lake Roland Park**  
(The Acorn Hill Picnic Area)  
1000 Lakeside Drive  
Towson, MD 21210

**Nov 11, 2023**  
**Saturday**  
**10am-1130am**

**NOVEMBER IS NATIONAL DIABETES AWARENESS MONTH**

President Nara also shared some pictures of the Strides (Nature Walk), Diabetes Awareness activity. November is the month to spread Diabetes Awareness. Our club did distribute ribbons (see page 2), and printed materials from the Baltimore Health Department about the prevention of Diabetes.

We also did a nature walk with a few kids, to talk about Juvenile Diabetes.





## BEL AIR LIONS CLUB HIGHLIGHTS

The Bel Air lions hosted the Bel Air Derby event for the town on October 22. About 500 spectators watched 10 cars compete in a double elimination event. Harco Credit Union won. The driver, Teddy Bowers, is pictured with Bel Air Lions President Mike New and the Bel Air Lion (Alex).





## DARLINGTON LIONS CLUB HIGHLIGHTS



The Darlington Lions have been living the 'We Serve' mantra while undertaking a number of service activities this fall. In September, club members staffed a rest stop for cyclists participating in a fundraiser for the Fisher House, a program that provides lodging for veterans receiving VA medical services. In addition to water, the club purchased bananas, granola bars, oranges, and the necessities to make peanut & butter sandwiches for the riders. A total of 56 cyclists stopped by to recharge themselves, 24 miles into their rides. We received many thanks from an appreciative group of participants.

In October, the club undertook the semi-annual clean-up of its adopted road. A 2 ½ mile stretch was scoured and items were sorted as trash or recyclable materials. The recyclable items were fully broken down to remove all aluminum beverage cans for deposit on the club's aluminum can trailer. That haul of cans was added to those donated by the community and helped us reach our typical 100-lb of aluminum per month to be turned in.

In November, club members assisted with set-up, serving, and clean-up for the Silver Lunch Bunch gathering in Darlington. The group of more than 50 persons consists of area senior citizens and individuals who participate as drivers in the Getting There Ride Share program that operates in northern Harford and Western Cecil Counties.

And the service activities are really heating up as we move towards the holidays. The Sunday after Thanksgiving, the club will host a holiday display lighting ceremony on Main Street with members of the community joining us for some caroling, cookies, and cider. Then in December, the club will be manning the Lions Train Garden at Broom's Bloom in Bel Air, Dec 8-10. Finally, just prior to Christmas, the club will conduct its Christmas Food Basket and Toy Store distribution program for the 25-30 area families that it will adopt. This continues a club project that has at least a 60-year history!



## EDGEWOOD LIONS CLUB HIGHLIGHTS

In news, *PDG Chuck and Lion Pat Egender* assisted with eye screening at the *Harford County Office on Aging Senior Health Expo*. Lion Bob is hoping that the club can get involved with other eye screenings after the holidays.

It was decided to provide four families with a *Food Lion* gift card to enable them to purchase food. *Lion Bob* called the project, "*Lift*". *KL Steve LaOrange and Lions Rose Marie and Frank Vacarro* assisted him with this endeavor. The names of the recipients were provided by the *Department of Aging*.

*KL Steve* also has begun a project to donate riding toys which will be disbursed by *Extreme Outreach*. Funds for the batteries will come from the *Foundation*.

Edgewood Lions celebrated our *76th Charter Night* on the 22nd of September at the *Venetian Eatery in Edgewood*. Everyone enjoyed their dinner and conversation so we also had our *Christmas Luncheon* at this location on 12/3.

Lion Sonia Hammen, Newsletter Editor

## LINTHICUM LIONS CLUB HIGHLIGHTS

We screened 27 people ranging from ages 3 to 72 years old -- referring three for eye exams -- during a Community Wellness Day sponsored by the University of Maryland Baltimore Washington Medical Center at Marley Middle School in Glen Burnie. Serving on behalf of the Linthicum Lions Club and LASH were Lions Jim Katzaman, Ron Fincham, Mary Fincham, and Tammy Durkin.





## GLENWOOD LIONS CLUB HIGHLIGHTS

We lost Lion Harrison Morson in June and wanted to share the below article with you. He was a 20 year Lion and spent a lot of years involved with the Leo clubs and Bicycles for the World. Lion Harrison was the personification of "We Serve."  
Submitted by PDG Angela Bruce

### Remembering Harrison Morson

#WHEEL NEWS FEATURED VOLUNTEER YVETTE

<https://www.bikesfortheworld.org/blog/remembering-harrison-morson>

FRIDAY, SEPTEMBER 01 2023



*Lions Joe Long, Pete Adams, Charla Long, Harrison Morson*



Harrison Morson was hands down one of the top supporters of Bikes for the World. His connections to Bikes for the World go deep. He was a member of the Glenwood Lions Club. Through the Lions' activity he also worked with us through Bushy Park Elementary and Glenwood Middle School. He was instrumental in getting the wheels turning at Alpha Ridge Landfill and recruiting Lions to help organize the site. He also worked with WalMart to have bikes delivered to the school collections to keep the student volunteers active and busy during the collections.

Harrison worked with the local media to always get the collections mentioned in the newspaper before and after the events. He knew the value of advertising the event but also in rewarding those individuals who worked hard to pull it off. And he always gave credit where credit was due. In fact, years ago we tried to mention Harrison as the featured volunteer of the month, but he pushed the recognition toward other Lions like Larry Orwig or the club as a whole.

Harrison was also responsible for pushing for funding for our efforts. Back when the Lions Club was more involved at Glenwood Middle School, Larry and Harrison would personally transport bikes from the landfill and Race Pace Bicycles to help bring more bikes to the school on collection day. This also helped us tremendously with transportation at a time when we were based in south Arlington. While the school didn't solicit many financial donations from donors during the collection, Lion Harrison ensured that the Lions Club funded the project. Between personal contributions from Harrison and the Club's Giant (literally) checks, he brought more than \$10,000 in support of the efforts in Glenwood.

We had hoped to honor Harrison when the Alpha Ridge collection site hit 10,000 bikes, something he kept track of diligently when he was out at the site. He would regularly bug Bob and Jonathan for updates via text. We could tell the last few years were tough on Lion Harrison. We were still shocked to learn that we lost Harrison earlier this year. Just five years ago he was still pulling bikes out of vans and working hard among kids who could have called him Great Grandpa. When we talked on the phone the last few years, this is what excited Harrison most. Learning that the bikes collected at Alpha Ridge were what pulled us through the pandemic when collections were down and especially that those bikes are what keep our youth programs in the warehouse rolling today made Harrison proud. We know he has done a lot for and with the Glenwood Lions, but his work with BfW is definitely his legacy.

Harrison, if you are still keeping tabs, Alpha Ridge holds at **9,674 bikes** as of 9/1/2023. We will be celebrating that 10k mark as we celebrate BfW's 20th anniversary next year. In fact, as we entered into 2023 the effort that Harrison created in Glenwood, including the schools and recycling center, had already hit that milestone. Harrison's legacy with BfW is actually currently at **11,261 bikes**...and counting.



## JARRETTSVILLE LIONS CLUB HIGHLIGHTS

Some of our members rallied to construct accessibility ramps for two families. One family has a child who is wheelchair bound and needed a way to get them in the house. Thanks to Lions Ned Cockey, Steve Bevard, Dave Goff, Joe Summerville, for spending 3 days constructing this ramp.



### Remembering Lion Mike Day

A Lions club needs many different kinds of people, with different skill sets to be a successful club.

Lion Mike Day set the example of the Lion who showed up. Lion Mike was a quiet man who, when he saw something that needed to be done, he did it. He only wanted to help those less fortunate through Lions, his church and his community. Lion Mike was a member of the Jarrettsville Lions Club for 51 years and was honored with a Melvin Jones Fellowship and Life Membership.

We lost Lion Mike on November 2nd. Rest in peace Lion Mike. You are missed.





## SEVERN RIVER LIONS CLUB HIGHLIGHTS

On Saturday, November 11th, the following Severn River Lions members (Bill Stack, Bill Zelenakas, Jackie Hetrick, Jim Coolbaugh, Laurajean Council, Tilghman Brice, and Shannon Nixon) along with several family members (Dixie Stack, Shelly Holland, Gladys Nixon, Liam Eastman and Jayden Daye) were volunteers at the Annual Bay Bridge Walk/Run event. We passed out t-shirts at this annual volunteer opportunity coordinated by Lion Suzette. Normally held at the Naval Academy Stadium but due to a Veterans Day football game our activity was moved to the Anne Arundel County Fairgrounds. The Lions worked both the registration/check-in as well as passing out the t-shirts. We've already been asked to come back next year as the program coordinator was impressed with how smoothly we processed over 5,000 runners.



### MATS FOR THE HOMELESS

At a recent general meeting, King Lion Joinette introduced us to a service project that involved using plastic grocery bags to create mats for the homeless. Using plastic is environmentally friendly as it uses 80% of the plastic from bags that normally become landfill that does not break down. The mats are tightly crocheted and offer a dry mat for those living outdoors. The mats are machine washable and need to be air-dried.

Even a couple cub scouts from the Pack we sponsor were there to help out (and to tell us about their Poinsettia Sale).



## VISION SCREENING @ IGLESIAS CHURCH in ANNAPOLIS



In October, 86 seniors were screened for Vision Acuity, Spot, Glaucoma, and Hearing. Results of the screenings: 36 referrals requiring eye and hearing professional assistance.

Iglesia Church contact, Sarai Hernandez, arranged for the seniors to be screened by calling, e-mailing, then developing, a spreadsheet reflecting appointment times. There were also four translators on hand to assist at various stations. Mrs. Hernandez volunteered to continue assisting the seniors needing professional assistance through LASH, Lions Community Outreach Foundation (from District 22-C), and Lions Clubs identified by the senior's place of residence.

Iglesia Church Assistant Pastor Nelson graciously provided three elementary school classrooms for each screening. Screening stations consisted of two for Hearing, three for Vision, and one for Glaucoma. Registration and Referrals tables in the lobby allowed for seniors and their families to receive a hearty welcome by Lions. Lion Volunteers from Annapolis, Ellicott City-Columbia, Linthicum, Severn River Clubs; Lash, LCOF, and Neighboring Clubs totaled eighteen (18).

Each with their previous specialty experiences doing health screening.



## VISION SCREENING @ School of the Incarnation in Gambrills, MD

On December 5th, LASH representatives District Governor John Mosier and Lion David Ellis, and School Nurse Sue Toth, her colleague Nurse Morgan Fye and the parent volunteers from the School of the Incarnation screened sight and hearing of over 300 children.



Here are the stats:

Vision

Total screened 320

Cleared 261

Referred 14

Already with glasses/contacts 45

Hearing

Total screened 320

Cleared 294

Referred 20

Unable to screen 6



### Upcoming health screening plans:

An estimated 600 children will be vision and hearing screened in Nov/Dec 2023.

**8 Nov 23:** Screening at Monsignor Slade Catholic Elementary/Middle School. (Completed)

**5 Dec 23:** Screening at School of the Incarnation Catholic School. (Completed)

**12 Dec 23:** Screening at St. Mary's Catholic School.

**Lots of vision and hearing screening training** - With all the requests for screening, LASH is planning to visit clubs to train members how to use the screening equipment, so when a screening request comes in one or more club servicing areas, LASH can provide the equipment for the clubs to operate.

At the 14 Oct 23 LASH Eyeglasses Sorting event, LASH trained attendees from 10 clubs/25 people on how to operate the SPOT vision screener and MAICO MA-1 hearing screener.

The next semiannual Eyeglasses Sorting event will be at the Maryland School for the Blind on 13 Apr 24.



## Eyeglasses Sorting 10/14/23



Location: Knefely Gym, Maryland School for the Blind

Donated items sorted:

42 boxes of eyeglasses = ~ 18,000

88 cellphones

32 sets hearing aids, batteries, accessories

10 Clubs/25 Lions/1 non-Lion

2 Annapolis

8 Bel Air (incl DG Mosier)

1 Glenwood

6 Severn River (incl PIP Clem Kusiak)

1 Baltimore 40 West

1 Ellicott City-Columbia

1 Linthicum

1 Baltimore Nepalese

2 Fallston

2 Long Green Valley

Non-Lion: Christina Scroggins of Timonium, who came to donate eyeglasses and stayed to participate in the event. She had contacted Bel Air Lions Club and the request was forwarded to Lion Dave Ellis. Lion Dave sent her the contact info of nearest clubs and gave her option to bring eyeglasses to sorting event at MSB. She decided to go to the sorting event.

Lion Dave brought a new MAICO MA-1 hearing screening unit and a WelshAllyn SPOT vision screener from the LASH Mobile Health Screening Unit and gave training to each club group present while they worked. Several Lions asked to have their hearing checked and enjoyed using the new equipment to screen each other.

There are 30 boxes of eyeglasses wrapped in plastic and ready to ship. Many thanks to LASH Eyeglasses Sorting Chair Joe Livingston and LASH Sight Program Chair June Livingston for a well-organized, smoothly run event and to all who braved the rain to participate. Linthicum Lions Club (and LASH President PDG Jim Katzaman) conducted a vision screening event at the same time as the eyeglasses sorting, but pre-sorted their eyeglasses and had a club member drop them off. Great dedication.

Next Eyeglasses Sorting Event is Saturday, 13 April 2024, 8-11 AM at Knefely Gym.

Dave Ellis, Chairman, LASH Hearing Program



**REMINDER TO CLUBS**

Thank you to the Clubs who have been submitting articles. Please submit your short articles with pictures (jpgs) that you think may be of interest to the rest of the District. These articles must be emailed to me separately from your club newsletters which are often locked into formats I can't use.

**Send your articles and photos to InSights' Editor IPDG Sue Parks (rich99991@verizon.net).**

**Only email copy is acceptable.**

**Deadlines for materials:**

**1/20/24 for February issue**

**3/20/24 for April issue**

**5/20/24 for June issue**

**7/20/24 for August issue**

*Upcoming Events*

Jan	1	Happy New Year!!!
Jan	15	Martin Luther King Day of Service
Jan	20	LVRFB Trustees Meeting
Jan	25	LASH Exec. Comm. Mtg.
Jan	30	Honorary Comm. Mtg.
Feb	3	Mid-Winter Conf., Elks, Annapolis
Feb	6	LYF Exec. Comm. Mtg.
Feb	24	22-B Social, Elks Lodge, Easton
Feb	25	COG Mtg, Easton
Feb	28	Full Cabinet Mtg (Zoom)
Mar	13	LASH General Mbrshp Mtg.

**ROSTER BOOK  
CHANGES/CORRECTIONS**

**Page 3: CT Don Stewart new email:**  
stewart21014@gmail.com

**Page 5, 18: Region 2 Zone 2 Chair Marie Marucci**  
2029 Ormand Rd, Baltimore, MD 21222-4657  
Cell: (443) 695-0611  
lionmariemarucci@gmail.com

**Page 7: Program Book Chair John Hayes**  
Email: jhayes1012@outlook.com

**Pages 19, 31 - ELLICOTT CITY/COLUMBIA**  
Meets at 5:00 via Zoom on first Wednesday

**Page 22 - ANNAPOLIS**  
Treasurer Gene Zeiser - phone 410-991-9940

**Page 23 - BALTIMORE 40 WEST**  
President Bobbi Poulton  
Email: rpoulton43@aol.com

**Page 24 - BALTIMORE NEPALESE**  
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Email: Rajendra.thapa41@yahoo.com  
Immed. Past President Ganesh Lamichhane  
Email: glsk64@gmail.com

**Page 29 - EASTERN REGIONAL**  
President - KL Nancy Ruff  
Cell: (410) 274-3120  
Email: ruffna@msn.com

**Page 36 - LINTHICUM**  
SECRETARY Mary Fincham  
Email: ladychefincham@hotmail.com

*Welcome*  
to our  
**New Members**

**Aberdeen**

Jeffrey Meiselwitz - *Sponsor Chuck Jacobs*

**Bel Air**

Cecelia Tyszkiewicz - *Sponsor Christine New*

**Edgewood**

Holly Stanford - *Sponsor Linda LaOrange*

**Jarrettsville**

Andrea Holmes - *Sponsor Gary Zimmerman*

**MEMORIALS**

*Lion Arthur Helton - Aberdeen*

*Lion Ruth Calary - Jarrettsville*

*Lion Michael Day - Jarrettsville*

*Lion John Eichler - Reisterstown*