



Lions District 22-A

InSights



Volume 84, Issue 2

October 2023

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SERVICE – THE GIFT THAT KEEPS ON GIVING

“We Serve” – that’s who we are and the key reason we are still here these 106 years later. We know we’re here, but how much of our community members know we’re here? Our service within our communities describes us to ourselves, but too often many people outside of Lions know very little about us or our services.

The responsibility to become better known to the public falls to us. We need to contact other service providers, government officials and business people and do two particular things:

- introduce ourselves and what we are doing in our communities
- ask of them what they believe are the important issues in our shared communities
- ask what we can do together to make a difference in our communities

Whether you do it in person or by letter or email – reach out!

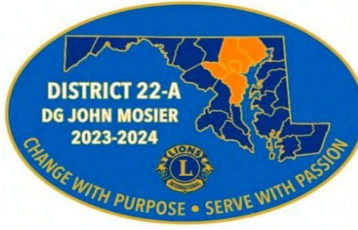
Likewise, when talking with a person outside of Lions, ask them the same question. Then listen, really listen. If they are already involved in something your club is doing, ask if they would like to work with you or you with them. If they are doing something you see as valuable, ask if they would be open to sharing that information with your club.

Several results are expected when we do these kinds of outreach:

- People will have learned something about Lions that isn’t about a fundraiser.
- People will note that we care about their opinions.
- People may be open to working with us, either as partners or as fellow Lions.

Either way, our communities are better served. Please give this a try and let me know how it works for you.

DG John



District 22A Celebration in Honor of DG John and First Lady Eileen Mosier

When: Saturday, November 11, 2023 6 – 10 PM

Where: Columbus Gardens, 4301 Klosterman Ave, Nottingham, MD 21236

Dress: Business

Social with Cash Bar

6 – 645 PM

Buffet Dinner

7 PM

Name(s): _____

Email Address: _____

Phone: _____

Club Name: _____ District: _____

There are no tickets. Registration confirmation will be emailed

Please make checks payable to: District 22-A Lions

\$50 per person

Please RSVP via mail No Later Than October 27, 2023

To: District 22A Social

c/o Lion Sandy Guzewich, 1313 Gibbs Court, Bel Air, MD21014

Hotel Accommodations: Hampton Inn, White Marsh

<https://www.hilton.com/en/attend-my-event/balwmhx-blg-03400a63-de10-4d1e-8c2e-d3e40c3c850c/>



Reservations must be made NLT Oct 13, 2023

Questions? Contact Lion Sandy Guzewich,
dcguzzy@outlook.com 410-459-6496



**LIONS CLUBS INTERNATIONAL DISTRICT 22-A****DISTRICT GOVERNOR JOHN MOSIER**

Cordially Invites You to District Social for 22-A

Columbus Gardens
Perry Hall, MD
Saturday, November 11, 2023
6:00PM – 9:00PM

ADVERTISEMENT AND SPONSORSHIP FORM

This is a great opportunity for you and/or your company to receive exposure and help support several worthy causes. The Lions of District 22-A are dedicated to sight, hearing, diabetes, environment, youth, and other programs which support the community. Over the years of giving, we have found that support like yours provides a tremendous morale boost to those helped, and the recipients are profoundly grateful. Your involvement will make this year's event an extra special celebration.

Program Advertising Fees

- ☐ Full Page Advertisement — \$180
- ☐ One Half Page Advertisement — \$100
- ☐ One Quarter Page Advertisement — \$55
- ☐ One Eighth Page Advertisement — \$35
- ☐ Sponsor — \$5

Company Name: _____

Point of Contact: _____

Address: _____

City, State, Zip: _____

Email Address: _____

Telephone: _____

Payment is due upon submission and ad must be provided (preferably by email)
no later than September 30, 2023 to:

Lion Sandy Guzewich, 1313 Gibbs Court, Bel Air, MD 21014 - dcguzzy@outlook.com

MAKE CHECKS PAYABLE TO: DISTRICT 22-A LIONS



LIONS VISION RESEARCH FOUNDATION 2023 HOMECOMING RALLY

Date & Time: November 18, 2023 ~ 9:30 am
Place: Chevy Chase Auditorium, Johns Hopkins



Highlights of Homecoming Rally

- ◆ Tour the Lions Low Vision Center ~ 9:30 - 10:30
- ◆ Wilmer Eye Institute Presentations ~ 10:40
 - ◇ Lions Vision Center
 - ◇ Research
 - ◇ LVC Fellow Program and more...
- ◆ Patient Testimonials
- ◆ Jim Deremeik Service Award
- ◆ LUNCH (**RSVP** so that we have a good count)
- ◆ Closing Ceremony
 - ◇ Wilmer Eye Institute Update, Dr. Peter McDonnell
 - ◇ Fellowship Endowment Update
 - ◇ Club Donations

Donations

Bring your donations. If you are unable to attend, mail donation check payable to LVRF, with *Homecoming Rally* on the memo line, to SVDG Martin Bonura, LVRF Treasurer, PO Box 1714, Baltimore, MD 21203.

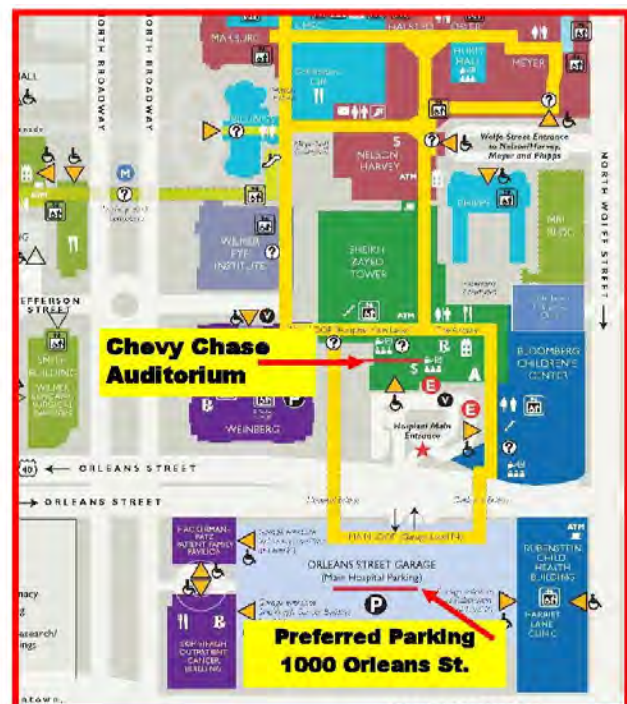
RSVP by 11/14/23

LVRF.rally@gmail.com

Include Name, Email, Club, District

Questions?

Contact LVRF Chair PCC Dee Hawkins
301-774-5229





MULTIPLE DISTRICT 22 LIONS LEADERSHIP INSTITUTE

November 17-19, 2023

Lions Camp Merrick, Nanjemoy, Maryland

Full Name: _____

Nick Name (if any) that you prefer _____

Years in Lionism _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: () _____

Email: _____

Name of Lions Club: _____ District: _____

Highest Office/Position held within Lions Club: _____

Highest Office/Position held at District level: _____

This event is being subsidized by the District.

To take advantage of this very worthwhile training opportunity, contact:

PCC Larry Burton

coach13@

zoominternet.net

1. Registration fee is \$150.00, and must accompany this Registration Form. If fee is being subsidized by your district or club, their portion will be billed later.
2. All participants must arrive and sign-in between 1:00 and 2:00 PM on Friday, November 17, 2023. Activities will begin promptly at 2:00.
3. Institute will be completed by 2:00 PM on Sunday, November 19, 2023.
4. Further information will be sent to participants in October.
5. Send Registration Form and fees by October 13, 2023 to:

PDG Ken Chew
1400 Forrest Drive
Wilmington, DE 19810

Make checks out to MD-22 RLLI

SPECIAL NEEDS:

_____ Diabetic Diet _____ Vegetarian _____ Hearing Challenged
_____ Visually Challenged _____ Wheelchair Access
_____ Other (please explain) _____

For more information, please contact Coordinator:

PDG Ken Chew, 302-798-6520, 1941akc@gmail.com

Rev 7/26/2023

Multiple District 22 Lions Leadership Institute at Camp Merrick

Camp Merrick is located on 320 acres on the shores of the Potomac River in southern Maryland. This beautiful site is owned and operated by the Lions of Lions of 22 C to serve children ages 6 to 16, who suffer from diabetes or are hearing or visually impaired, with a summer camp experiences. Camp Merrick is also supported financially by the Lions of MD 22 and rentals by outside groups during the fall through November.

Camp Merrick has a cluster of cabins with 6 or 8 double decker bunk beds (we are only using the lower ones) next to the main dinning room. Each cabin is winterized and has a bathroom in them. There are showers in a separate building next to the cabins. Lions will need to bring their own bedding for the bunk beds.

The learning experience will be enhanced by the sheer beauty of the site. The RLLI will not only be a learning experience for future leaders but a real retreat from the frantic lives that most of us experience. This a chance to build relationships with your fellow Lions of MD 22.



MULTIPLE DISTRICT 22 REGIONAL LIONS LEADERSHIP INSTITUTE

**For Lions ready to pursue leadership roles within their Lions communities.
November 17-19, 2023 (Friday, Saturday, & Sunday)
At Lions Camp Merrick In Nanjemoy, Maryland**

**Lions Fundamentals
Working in Teams
Diversity
Local Issues & Opportunities
Public Speaking Preparation
Time Management
Member Motivation
Goal Setting
Public Speaking Presentations
Personal Mission Statement**



WHY SHOULD YOU ATTEND?

**To learn your strengths and areas for personal improvement
To develop interpersonal social skills
To network and establish new friendships
To improve your communication skills**

**To make your club more successful
To become a more effective Lion
To learn more about our Lions organization and its role in service
To share ideas for service projects and fundraising**



**Meet current Lion friends and make new ones
Great training from proven instructors
Shared cabins with bath facilities
Great food, fellowship, and fun
Beautiful camp setting
Come away refreshed and inspired**

WHAT IS THE COST?

The tuition is \$150.00 for training courses, on Friday, Saturday, Sunday, two nights lodging at the camp, six meals, and all instructional materials. Some districts and clubs provide partial scholarships or sponsorships.

HOW DO I SIGN UP?

**Contact District Global Leadership Team Chair
PCC Larry Burton at (410) 457-8787 (coach13@zoominternet.net) or
MD Chair PDG Ken Chew at 302-798-6520 or 1941akc@gmail.com.
Submit no later than October 13, 2023**



Lion Portal

Talking points

What's happening with the Lions digital tools?

We're taking the functionality of our current digital tools and creating one streamlined experience.

The new portal is built on Salesforce, an industry-leading platform used by over 150,000 organizations — including 40,000 nonprofits.

MyLion, MyLCI and Insights, along with some additional tools and functionality will be accessible through an updated portal for members.

The portal will have all the same features and functionality currently available with separate tools, but with a more consistent and efficient experience — whether you're on your computer, your tablet or mobile device.

We were aiming to launch in mid-2023. And a preview of the portal will be available before that. Stay tuned for more information.

Once the landing page launches in November, learn more at lionsclubs.org/portal-updates.

Have a question? Send it to salesforcefeedback@lionsclubs.org



LIONS CLUBS
INTERNATIONAL CONVENTION
WASHINGTON, DC

**Multiple District 22
Hosting the
LCI Convention**

July 2-6, 2027

*“Put Out the Call” to
Volunteer Lions Family*

lciconv2027host@gmail.com



USA/Canada Lions Leadership Forum Louisville 2024



Well, the Reno Forum is behind us and for those from the District that attended, we had a good time and received a lot of information and a lot of education about Lionism.

We are looking forward to the next USA/Canada Forum in the Bluegrass state, Kentucky. Louisville will be the venue in 2024. Mark your calendar for Sept. 5th through Sept. 7th, 2024.

EYEGLASS SORTING



Fellow Lions, The semiannual LASH Eyeglasses Sorting event will take place on Saturday, 14 October from 8-11 AM at the Knefely Gym, Maryland School for the Blind. The school is located at 3501 Taylor Avenue, Nottingham, MD 21236. Please bring your eyeglasses, hearing aids, and cell phones to the gym to sort. Masks are optional in the gym.

Eyeglasses get sorted as follows:

- 1) frames with Titanium or gold (look for "Titanium" on ear piece),
- 2) readers,
- 3) regular prescription glasses and prescription sun glasses,
- 4) non-prescription sunglasses,
- 5) broken frames,
- 6) sample frames with no prescription in lens.

Please throw out eyeglass, hearing aid, and cellphone cases. The exception is if the hearing aid case serves as a charging unit.

Unused hearing aid batteries and accessories will be accepted as well as charging cables for cell phones. Please use a rubber band or tape to keep the charging cable with the cell phone.

Thanks,
Dave Ellis, Immediate Past President LASH
LASH Hearing Chair

**District 22-A Vision & Hearing Report for 1st Quarter FY 2023-2024****9/23/2023****FY 2023-24 Summary (7/1/2023 - 9/23/23):**

- 4 people were funded and referred to the Towson University Hearing and Balance Center for hearing aids. 2 others will be done by the end of the month.
- One of the 4 people getting hearing aids is from Stewartstown, PA and the District 14-C Stewartstown Lions Club is providing transportation and funding to put the individual through the LASH Hearing Aids Program in association with the Towson University Hearing and Balance Center. POC is District 14-C PDG Thomas L. Jones.
- 5 persons were issued One Sight or VSP vouchers for vision tests/eyeglasses.
- 91 persons health screened by Lions and volunteers. 15 were children.
- 79 persons vision screened by Lions and volunteers. Of the 65 adults screened, 21 were referred to an eye care professional for a complete exam, and 3 were unable to be successfully screened. Of the 14 children vision screened, 2 were referred for follow up evaluation and 1 was unable to be screened. The reason most people are unable to be screened is they have inherited pupils too small for the SPOT screener to be able to see through the pupil to the back of the eye for analysis. This occurs in about 10 percent of the population.
- 24 people were hearing screened. Of the 17 adults screened 6 were referred for follow up by a hearing care professional. Of the 7 children screened, 3 were referred for follow up by a hearing care professional.
- LASH has purchased 4 new MAICO MA-1 hearing screeners. They are about the size of a cellphone with headphones connecting at the top. The units are very light, are easy to use, and run on batteries so they can be used anywhere.

Screening events were done at senior living centers, hospital/health system wellness days, Latino Fair, African American Cultural Festival, libraries, and schools.

Upcoming health screening plans:

- **29 Sep 23:** Bel Air Lions Club doing vision screening at the Bel Air Senior Center.
- **7 Oct 23:** Bel Air Lions Club doing vision screening at Child Safety Fair sponsored by the Bel Air Police Department.
- **4-23 Oct 23:** date to be selected by Cristo Rey High School to screen 60 freshmen for sight and hearing.
- **14 Oct 23:** Linthicum Lions club to do screening at Marley Middle School, 10 AM – 1 PM.
- Vision and hearing screening requests from schools are in the process of being scheduled.
- **Lots of vision and hearing screening training** - With all the requests for screening, LASH is planning to visit clubs to train members how to use the screening equipment, so when a screening request comes in one or more club servicing areas, LASH can provide the equipment for the clubs to operate. LASH also plans to assemble a group of trained volunteers to call upon to do screening in Baltimore where there are no clubs. This is going to be a big training effort. It is important to be ready as the COVID doldrums are shed and Lions get excited about getting out and doing health screening again. Getting out into the communities will spread Lions visibility and goodwill. If we have to turn down screening requests due to the lack of trained screeners, communities will wonder about the benefit of having a Lions Clubs International.

Eyeglasses/Hearing Aids/Cell Phones Collection and Sorting:

- The Lions Association for Sight and Hearing (LASH) will hold sorting events on 14 Oct 23 and 13 April 24 from 8-11 AM at the Knefely Gym, Maryland School for the Blind. Participating Lions Clubs typically collect and sort 45,000 pairs of eyeglasses, 150 sets of hearing aids and 200 cell phones annually.



ABERDEEN LIONS CLUB HIGHLIGHTS

Lions Club Ball Game Night

August 19th





ABERDEEN LIONESS LIONS CLUB HIGHLIGHTS



Sponsored by
Aberdeen Lioness Lions Club

***Spooktacular
Fun Time!***



***Playing mini golf
Win prizes***

Treat giveaways

Any time between 11 am – 5 pm

Churchville Mini Golf

3040 Churchville Rd, Churchville, MD 21028

Come join us!

Sunday,



October 29, 2023



ABERDEEN LIONESS LIONS CLUB HIGHLIGHTS *continued*

Pick your Prize Variety Bingo

Prizes will be Vera Bradley, and much more!

**In support of St. Paul's Pantry and
Aberdeen Lioness Lions Club**

BINGO



**Friday,
6 October
2023**

7:00 pm

Doors open at 6:00 pm

- Early Bird 6:50 pm

Food and drinks available

St. Paul's Lutheran Church

201 Mt. Royal Ave., Aberdeen, MD

\$15.00 per ticket (3 cards)

Additional sets of 3 cards - \$5.00

Tickets at the door, if available

**Tickets available by calling
Brenda Conjour (410) 273-7332**

Bring a non-perishable for a free ticket/bonus drawing.
Needed: pancake mix, pancake syrup, pasta canned meals

*** Door prizes * Special Games * Raffles ***

Sponsored by Aberdeen Lioness Lions Club



LIONS CLUB of BALTIMORE NEPALESE HIGHLIGHTS



Lions Club Of Baltimore Nepalese

Upcoming Events (2023/24)

CHILDHOOD CANCER AWARENESS

Children Book Drive till 30 Sep and
donate to Johns Hopkins Hospital

VISION

Collecting used eye glasses at
Coffee Talk Towson till 12th Oct
to deliver to Maryland School
for The Blinds

HUNGER RELIEF

Non Perishable Food Drive
09-20 October
to donate to local food bank (ACTC)

DIABETES AWARENESS

Distributing ribbons for awareness, sharing
important info about Diabetes, and stride
at the Roland Lake Park on 11th Nov
9am to 12 noon

ENVIRONMENT

Details coming soon

KITE FESTIVAL

Kids and parents from the Multi cultural
families come together and enjoy the kite
flying at the Gunpowder Falls Park on 29
October 10am to 3pm

PEACE POSTER

Details coming soon

2 BINGO NIGHTS Fundraiser Event Details coming soon

MENTAL HEALTH AWARENESS Details coming soon

BLOOD COLLECTION Details coming soon

HEALTH CAMPS Details coming soon

2 SUMMER YOUTH CAMP Details coming soon

Please follow our Facebook page for the updates on current and future activities.
Our club is working on to complete ONE activity for EVERY member.

Suggestions and supports are very welcome. Lets get connected.
Email – nara.coffeetalk@gmail.com Phone: 585 406 8594
Thank you so much

Yours in Lionism,
Nara Khakurel
Club President- LCBN



Childhood
Cancer

lcif.org

Every 2 minutes, a child is diagnosed with cancer¹

MORE RESOURCES, MORE CHILDREN SAVED



"Your child has cancer" are four gut-wrenching words no parent ever wants to hear. For many in the Badger State, those words are inextricably linked to vital medical services provided at Children's

Hospital of Wisconsin (CHW), which cares for two-thirds of the state's young cancer patients each year.

With the number of children needing life-saving bone marrow transplants expected to rise, CHW desperately needed additional – and extremely costly – treatment technology. As they so often do, Lions Clubs International Foundation (LCIF) and caring, compassionate

"LCIF has helped change children's futures."

Lions stepped in, providing funding and hope to families in times of utter darkness and doubt.

With a US\$100,000 Matching grant from LCIF and funds raised locally, the hospital purchased equipment that gives children a better chance to enjoy healthier tomorrows and long, productive lives. CHW's capacity to treat young cancer patients also expanded with the new equipment. Now, an additional 150 children, and their families, have hope for the future. "LCIF has helped change children's futures," said Lion Sri Vasudevan, district chair for childhood cancer. "We're profoundly grateful to our foundation."



Lions Clubs International
FOUNDATION



A Story of Devastation and Dreams

No child deserves cancer. Yet lymphomas, leukemias, and other forms of the disease common in children are the stark reality for many youth – and their families. There is both heartache and hope.

~1 in 285
children in the U.S. will
be diagnosed with cancer
before age 20²



90%
Cure rate
of Burkitt lymphoma in
high-income countries³

2020 U.S. Snapshot
11,050 new cases
>1 in 10 will die
estimates⁴

THAT'S THIS PART OF THE WORLD. GLOBALLY, CHILDHOOD CANCER LOOKS LIKE THIS:



57% of childhood cancer cases go undiagnosed in parts of the world⁵

CHILDHOOD CANCER SURVIVAL RATES

≥80%
developed countries

≤20%
lesser developed countries⁶



Cancer is a leading cause of death for children
300,000 new cases annually in 0-19-year-olds⁷

LCIF AND LIONS

Funding Service, Delivering Solutions

Global occurrence of childhood cancer is greater than previously thought⁸. LCIF, funding global humanitarian work since 1968, is there and part of the solution.

lcif.org/childhoodcancer

CHILDHOOD CANCER GRANTS
support projects easing
familial burden

**US\$10,000 -
US\$150,000**

MATCHING GRANTS
fund construction and
equipment costs

**US\$10,000 -
US\$100,000**

DISTRICT AND CLUB COMMUNITY IMPACT GRANTS
apply to local district and club projects

GRANT AMOUNT VARIES

SOURCES/NOTE: ¹St. Baldrick's Foundation; ²American Childhood Cancer Organization; ³Cancer Atlas; ⁴American Cancer Society; ⁵The Lancet; ⁶United Nations; ⁷World Health Organization; grant limits subject to change



LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Childhood cancer is just one cause area supported by LCIF and Campaign 100: LCIF Empowering Service. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

C038_CAI_EN_US 4/20

**SUPPORT YOUR SERVICE
BY SUPPORTING YOUR
FOUNDATION**

lionsclubs.org/donate



BALTIMORE 40 WEST LIONS CLUB HIGHLIGHTS

40 West Lions Club Holiday



Fundraiser

Friday December 1, 2023 @ 7 pm (Doors open at 6 pm)

Arbutus Town Hall, 1349 Stevens Avenue, Arbutus 21227
Across from Arbutus Volunteer Fire Co. @ 5200 Southwestern Blvd.

Donation - \$20 (purchased by 11/ 29) **\$25 @ Door**

Information or Purchase Tickets

Call: **410-788-3139** Text: **410-608-3784** Email: darlenes@comcast.net



Raffles



Food



Cash Prizes

B I N G O				
11	21	43	55	62
15	17	41	54	64
1	30	★	50	66
4	22	31	47	67
7	21	34	58	61

Proceeds provide a Christmas Party @ Believe In Tomorrow's
Children's House at Hopkins for children too ill to go home.



BEL AIR LIONS CLUB HIGHLIGHTS



The poster for the Bel Air Town Derby features a blue background with a white sunburst design. At the top left is the Lions Club logo, and at the top right is the Bel Air Maryland logo. The text "Race Down Main Street!!" is written in a red, curved font. The main title "BEL AIR TOWN DERBY" is in large, bold, red letters. Below the title is a checkered flag icon. Two circular images show children in go-karts. The date "SUNDAY OCTOBER 22" is in yellow, and the time "1-5 PM" is in red. A QR code is in the bottom right. Text on the bottom left provides contact information for racing and building a car. Text on the bottom right provides contact information for sponsoring.

Race Down Main Street!!

BEL AIR TOWN DERBY

SUNDAY OCTOBER 22

1-5 PM

Want to race?
build a car!
contact 443-617-2142 for
information

Want to sponsor?
several available
contact 443-617-2142



The Bel Air Lions have been asked by the Town of Bel Air, to host a new, fun, family event for the Town, "The Bel Air Town Derby", fall 2023. The purpose of this event is to hold a new, Main Street Bel Air event, that will encourage families to come into Bel Air to enjoy all that Bel Air has to offer, and to begin a new tradition in Bel Air. This will be a fun and exciting event to race Derby Cars down the Main Street of Bel Air.

When, Where, What?

- This is not a Lion's fund-raising event, all proceeds will benefit the town of Bel Air. The goal is to have a safe and fun event.
- Race is limited to 12 cars/entries. Entrants will be required to purchase a "Soap Box Derby Stock car kit" and build the car from that. Only "Stock" cars will be permitted. "Super Stock" and "Masters" will not be permitted this year.
- Want to build and enter a car? **Contact Lion Dave Guzewich 443-617-2142 for more info.**

Lions Wayne Dudeck and Dave Guzewich made a day trip to Akron Ohio – home of the All-American Soap Box Derby® - to purchase 8 derby race car kits. Lions Wayne and Dave then delivered the cars to their owners who will assemble the cars and prepare for safety meetings and test runs that are planned in September.





ELLICOTT CITY-COLUMBIA LIONS CLUB HIGHLIGHTS

Community Action Council Service Awardee Ellicott City-Columbia Lions Club

CAC awarded the Ellicott City-Columbia Lions Club with the CAC Service Award for their incredible impact and dedication to CAC and the greater Howard County community. The Ellicott City-Columbia Lions Club, which was established in May of 1947, regularly volunteers with CAC, provides critical funding for the organization and many others throughout the county, and offers essential connections and support for various health initiatives to benefit the wellbeing of residents across the County.



Attendees at CAC Award Dinner

Not a great picture, but from left Lions Tom Hammen, Sue Hammen, PIP Clem Kusiak, County Executive Calvin Ball, Lions Alan and Susan Goldschen, and DG John Mosier.

Vision and Hearing Screening Ellicott City-Columbia, Clarksville, and Glenwood Lions Clubs



On 9/16/23 Ellicott City-Columbia, Clarksville, and Glenwood Lions Clubs performed vision and hearing screenings at Glen Mar Church Health Fair.

From left, Lions Alan Goldschen, Bob Bruce, and Susan Goldschen. My guess is that Lion Angela Bruce is taking the picture.



JARRETTSVILLE LIONS CLUB HIGHLIGHTS

Jarrettsville Lions Support Veterans

The donation check of \$3,000 to benefit the veterans program at Chesapeake Therapeutic Riding was delivered. Both Cathy Schmidt (Founder & Executive Director)



LIONS,

We have an opportunity to learn more about LCI grants. Beth Smith is our Constitutional Area 1 Brand Manager and will be giving a seminar on October 26th @7pm via ZOOM.

Everyone is welcome to join this ZOOM call. If you would like to know more about LCI grants the topics will be:

- **How to apply for a grant**
- **What qualifies as a grant**
- **What Club does to qualify to get a grant**
- **How long does it take to get a grant?**
- **What “new” grants are available for LIONS**

Beth will be answering questions you and others may have.

**The seminar will start promptly at 7pm. So don't be late!
Please contact me so I can email you the link:**

FVDG Lion Rodrick Harris

lionman22@gmail.com

Don't miss this *GREAT* opportunity to learn how you can serve your community.



PERRY HALL KINGSVILLE LIONS CLUB HIGHLIGHTS

Perry Hall/Kingsville Lions Club Presents



9th Annual Bluegrass Afternoon at the Farm

Saturday, October 14th, 2023—2:00 to 6:30 PM

Gates open at 1:30 PM

Pit Beef and Turkey— Hot dogs—Salads

House-made ice cream— Water and Soft Drinks

Beer, wine, specialty drinks available for purchase

Bring your own chairs

NO OUTSIDE FOOD OR DRINK

WILL BE PERMITTED

\$35

Klausmeier Farm
4014 Perry Hall Rd
Perry Hall 21128

Call for ticket info
Donna 410 935 3509
Carl 410 256 5468



Live Music performance by
returning favorite
BLUESTONE BLUEGRASS

ALL PROCEEDS BENEFIT THE COMMUNITY OF THE PERRY HALL KINGSVILLE LIONS





SEVERN RIVER LIONS CLUB HIGHLIGHTS

EAGLE SCOUT PROJECT

Severn River Lions received a request from Scout Isaac Miller to sponsor his Eagle Scout project of erecting a permanent AED stand adjacent to the sports fields of St. Martin's Episcopal School. His project including designing, building, and installing the stand. The dedication of the stand occurred on September 3rd at the school's sports field. President Joinette Smallwood presented a check to Isaac Miller from Lions' contributions to cover the materials and supplies which were necessary to complete the project.



Attendees:

DG John and Eileen Mosier,
Severn River Lions Joinette Smallwood,
President, PIP Clem and Jeanne Kusiak, and
IPP Chris Werth.

Representing Troop 855 - Assistant Scout
Master Matt Miller and Mrs. Miller, Isaac and
his brother and sister.

Episcopal Students - Finlay Dickson and Stella
MacNaughton.



Lion Jackie Hetrick shows one of the collections of books for the Little Libraries that the Severna Park Library donated.



**Contact Lion Joseph E. Livingston
for more info or a Lions Auto Tag Application
Phone 410-877-7644
Email: stonelion120@aol.com**

Fellow Lions, one easy way to "market" Lions to your friends, neighbors, and to strangers for that matter is to have a Lions' License Tag. Once you have them, the process goes on year after year just like any other renewal.

The cost is \$25 and perhaps, when your renewal is due, contact Lion Joee for the application, fill it out, and return it to him.

Lions' tags are definitely still available in Maryland! Check them out...



DIABETES AWARENESS

Lion Diana Wailes, 22-A Diabetes Awareness Chair

With diabetes or prediabetes, exercise is essential for maintaining the body's health!

This exercise targets the shoulder muscles.



Important Note: Exercise should be performed with slow and controlled movements. Stop if you feel pain. Gradually increase the number of circles over time. Exercise should be repeated 2-3 times. (Resting between sets)

PERFORMING THIS EXERCISE

- Stand comfortably with feet shoulder-width apart and knees slightly bent
- Extend your arms straight out to your sides (forming a “t” shape or cross) with your palms facing the ground.
- Rotate your arms forward in small circles 10 times followed by 10 small circles in the opposite direction

**REMINDER TO CLUBS**

Thank you to the Clubs who have been submitting articles. Please submit your short articles with pictures (jpgs) that you think may be of interest to the rest of the District. These articles must be emailed to me separately from your club newsletters which are often locked into formats I can't use.

Send your articles and photos to InSights' Editor IPDG Sue Parks (rich99991@verizon.net).

Only email copy is acceptable.

Deadlines for materials:

11/20/23 for December issue

1/20/24 for February issue

3/20/24 for April issue

5/20/24 for June issue

**ROSTER BOOK
CHANGES/CORRECTIONS**

Page 3: CT Don Stewart new email:
stewart21014@gmail.com

Page 5, 18: Region 2 Zone 2 Chair
Marie Marucci
2029 Ormand Rd
Baltimore, MD 21222-4657
Cell: (443) 695-0611
lionmariemarucci@gmail.com

Page 7: Program Book Chair John Hayes
Email: jhayes1012@outlook.com

Pages 19, 31 - ELLICOTT CITY/COLUMBIA
Meets at 5:00 via Zoom on first Wednesday

Page 23 - BALTIMORE 40 WEST
President Bobbi Poulton
Email: rpoulton43@aol.com

Page 24 - BALTIMORE NEPALESE
2nd VP Rajendra Thapa
Email: Rajendra.thapa41@yahoo.com
Membership Chair and LCIF Coordinator - Vacant
Immed. Past President Ganesh Lamichhane
Email: glsk64@gmail.com

Page 36 - LINTHICUM
SECRETARY Mary Fincham
Email: ladychefincham@hotmail.com

Upcoming Events

Oct	7	22-W Social, Clarion, Frederick
Oct	8	COG Mtg
Oct	10	LYF Exec. Comm. Mtg
Oct	14	LASH Eyeglass Sorting, MSB
Oct	21	LYF Mtg (Zoom)
Oct	26	LASH Exec. Comm. Mtg (Zoom)
Nov	4	Full Cabinet Mtg
Nov	8	LASH General Mbrship Mtg
Nov	11	22-A Social, Columbus Gardens
Nov	12	COG Mtg
Nov	17-19	Regional Lions Leadership Inst.
Nov	18	LVRFB Rally
Nov	30	Honorary Committee Mtg
Dec	2	22D Social, Harrington Raceway
Dec	3	COG Meeting

Welcome
to our
New Members

Bel Air

Codjo Dossou - *Sponsor Mark Wilson*
Neil Hamrick - *Sponsor Amy Biondi*
Glenda Michalak - *Sponsor Daniel Fuqua*
Robert Michalak - *Sponsor Daniel Fuqua*

Eastern Regional

Nancy Ruff - *Sponsor Frances Ebersole*

Joppatowne

Crystal Clements - *Sponsor Richard Bennett*

**MEMORIALS**

Lion Ronald Holmes - Jarrettsville
Lion Ray Huether - Overlea