

Lions District 22-A

InSights



Volume 83, Issue 5

April 2023

SUE PARKS DISTRICT GOVERNOR

8087 Clark Station Road Severn, MD 21144 (410) 979-3901 Rich99991@verizon.net

JOHN MOSIER FIRST VICE DISTRICT GOVERNOR

310 Willrich Circle, #L Forest Hill, MD 21050 (410) 688-3342 John.mosier@gmail.com

SECOND VICE DISTRICT GOVERNOR



PDG JIM KATZAMAN CABINET SECRETARY

452 Norvelle Court Glen Burnie, MD 21061 (410) 761-3354 jimkatzaman@gmail.com

DANIEL MILLER CABINET TREASURER

4042 Hunt Crest Road Jarrettsville, MD 21084 (443) 528-3431

millerd@zoominternet.net

SUZETTE KETTENHOFEN ADMINISTRATIVE ASSISTANT

209 Dauntsey Drive Arnold, MD 21012 (443) 253-8434 lions22a@gmail.com

BIJOY MAHANTI IMMEDIATE PAST DISTRICT GOVERNOR

3515 Farm Road Aberdeen, MD 21001 (443) 876-4759 bmahanti@msn.com

PDG ANGELA BRUCE ADVISOR

6722 Mink Hollow Road Highland, MD 20777 (443) 375-2852

Highland47@outlook.com

Fellow Lions,

Hope you are all well and enjoyed our almost nonexistent winter.

My schedule has not slowed down one bit but I've met with all of you and am happy to report that you are all serving your communities in the Lions way. I'm still waiting for some of you to let me know more about your activities, but those of you who have, I'm pleased to include in this issue of InSights.



One of my most important notes today is to please round up your eyeglasses and get them to the sorting on Saturday, 4/8. PDG Jim Katzaman provides more info on the next page.

A few other tidbits for April, contact Churchville for information on their Easter and Mother's Day flower sales. The Easter Sale is this week, 4/7,8,9 and the Mother's Day sale runs from 5/12-14. Info for both sales is on page 10. Another big event in April is Jarrettsville's annual Romancing the Chrome Car Show on 4/15 (see page 13). Check it out you won't be sorry. And be sure to contact 40 West for info on their Raffle Fundraiser taking place on 4/29 (see page 12).

And the biggest event in April - the Multiple District Convention will be in Ocean City, 4/20-23. Please plan to attend for a fun time and to renew acquaintances with Lions from around the Multiple District. We'll be voting for our next District Governor and review and vote for changes our Constitution and By-Laws. Would love to see you all there!

And then comes May and along with everything else we have going on, my District Social - A "Sail-a-bration of Service" will be held on Sunday afternoon, 2 - 6 pm, May 21st at the Annapolis Elks. Please plan to attend - I guarantee it will be a fun, very casual, event. Review the information that I'm sending out alongside this newsletter.

Flowing into June, plan to attend the Leader Dog Rally at Klausmeier's Farm on June 3. You'll find all the info on page 3.

And, last but not least, we're planning our Turnover of officers along with Club Officer Training and a picnic on Saturday, June 24, at the Maryland School for the Blind. More info on that event will be coming next time.

Yours in Service, DG Sue Parks

PS - LCI has confirmed dues will increase from \$43/year to \$46/year to be effective with our July 1 billing statements. Guess we have to take a close look at our Admin budgets for the coming Lions Year.

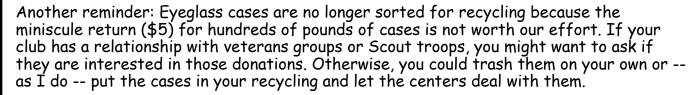


REMINDER FROM L.A.S.H.

This coming Saturday, April 8, LASH will have its spring eyeglasses sorting from 8 until roughly 11 a.m. at the Maryland School for the Blind. This is a reminder to use the upcoming week to check in with your collection places to get all their donations in hand. If at all possible, you might want to sort through what you've collected ahead of time to cut down on how long we'll be doing the deed on Saturday.

Remember the main categories:

- Prescription glasses
- Readers
- Sunglasses
- Broken glasses
- Hearing aids (minus batteries)
- Cell phones



Thanks for your service for sight and hearing. I hope to see many of you and your club members Saturday morning.

Jim Katzaman LASH President



Annapolis King Lion Jeff Fair collected eyeglasses from a new location - Chick-fil-a

UPDATE FROM LVRF!!!

Pike Creek-Green Hills Lions Club issued a **Challenge** to the District Governors and Trustees in Multiple District 22. If 90% of the Clubs in a District contribute at least \$50 to LVRF Lions Low Vision Fellowship Endowment Fund during the period July 1, 2022 to March 1, 2023, the Pike Creek-Green Hills Lions Club will donate \$1000 per District to LVRF.

In case you haven't heard, not only did 22-A take up the challenge to get 90% of our clubs to donate at least \$50, 100% of our clubs made the required donation and more!!!!! Even better, ours was the only District in the Multiple District to meet the challenge. So, many, many thanks to all of you for helping me meet this goal!

DG Sue Parks LVRF Donation Recognition Chair











AN IMPORTANT MESSAGE FROM:



Dear Lions:

Lions International has been made aware of the increasing number of phone, text, social media and email scams. Most recently, fraudulent invoices have been sent to clubs by scammers requesting payment for products delivered or services rendered.

Be aware of scams that fraudulently use the Lions Clubs International, Lions Clubs International Foundation (LCIF), the International Association of Lions Clubs or other variations of our organization's name and logo. These types of scams are designed to trick people into revealing personal and financial information about themselves, which can then be used to commit identity theft, but they often misspell the name of the organization.

If you receive a suspicious mailing, email, text, check or social media message, please follow these guidelines:

- Do not reply, open any attachments or click on any links in the message.
- Be wary of any offer to accept a check or money order in an amount greater than you are owed or requests to return money to the check sender.
- Look carefully at every invoice and compare it to previous ones received that you know to be genuine particularly the bank account details, the wording used and association name and branding.
- Do not immediately cash an unexpected or surprise check. Do not deposit it unless you are expecting a check and you are absolutely certain it is meant for you.
- Do not pay upfront for a promise like a grant, debt relief or financial assistance.

If you have any doubts about whether a Lions International or LCIF communication is authentic, you should contact us at privacy@lionsclubs.org before you act.

Fraudulent "scams" are increasingly common in our digital world, so it is important to remain vigilant. Read <u>How to Protect Yourself from Scams</u> to find more information on the steps you can take to protect yourself.

Regards,

David Kingsbury General Counsel – Legal Division Lions International







Get Lions Ready for the Lion Portal

We're preparing for the launch of the new Lion Portal. This refreshed experience will combine the functionality of MyLion, MyLCI, Insights and other tools into one cohesive and consistent experience.

To use the Lion Portal, Lions must have a unique email address (one that isn't shared with another member) in their Lion Account information. Additionally, phone numbers can no longer be used as log in credentials.

Here's how you can help Lions:

- 1. **Spread the word.** Make Lions especially those who actively use their Lion Account aware of the transition to the Lion Portal. Encourage them to make sure their member information is up to date and includes a unique email address.
- 2. **Prepare club officers.** Ask club officers to review the member records for their club, checking for any shared email addresses, and be prepared to help members update their information as needed.
- 3. **Stay up to date.** Check for news and updates on the <u>Lion Portal webpage</u>.

We appreciate your support in preparing for the transition to the new Lion Portal.



Multiple District 22
Hosting the
LCI Convention

July 2-6, 2027

"Put Out the Call" to Volunteer Lions Family lciconv2027host@gmail.com



ABERDEEN LIONESS LIONS CLUB HIGHLIGHTS

On Friday, March 27th we had our Annual Variety Quarter Auction. This is one of our biggest fundraisers. Total Charity to benefit the Aberdeen Lioness Lions Club Community Service Projects. Including homemade, handmade, gift cards, local merchants, vendors, Longaberger, Tastefully Simple, Scentsy, Thirty-One and MUCH MORE!!!! Doors Opened at 6:00 pm. We started at 7:00 p.m. Food and Drinks were available. Paddles were \$2 each - maximum of 2.



Location was St. Paul's Lutheran Church Fellowship Hall. The crowd brought their quarters and friends and had fun. As you can probably tell by the size of the crowd, we had a very successful fundraiser. Thank you everyone who participated.







ABERDEEN LIONS CLUB HIGHLIGHTS

Designer Purse Bingo

Sponsored by Aberdeen Lions Club

Prizes will be Coach, Michael Kohrs, Kate Spade, Patricia Nash, Vera Bradley and other designers.

Friday, June 9th, 2023

St. Paul's Lutheran Church 201 Mt Royal Ave, Aberdeen, MD



Doors open at 6:00 p.m.

Food, bake table and non-alcoholic beverages available





Tickets
\$27 in advance
\$30 at the door
Additional sets of 3 cards - \$5.00

Tickets available by calling

Karin Hancock (443) 502-5220 Cynthia Moats (443) 617-6366 Email-aberdeenlions2@comcast.net



* Door prizes * Special Games * Raffles *

Fundraiser benefits

Aberdeen Lions Club Community Projects

"Bring item for St. Paul's food pantry. A prize ticket for each item donated to the pantry.



LIONS CLUB OF BALTIMORE NEPALESE HIGHLIGHTS



<u>Lions Club of Baltimore Nepalese</u> welcomed District Governor Sue Parks and First Vice District Governor John Mosier to a Dinner meeting, where the discussion about the past and future events/activities was focused. In the meeting, DG Sue also distributed a Governor pin to each club member. In a few weeks, several members of the club will be attending their first MD22 Convention.

It was a great time on February 18 to learn about (LASH) Lions Association For Sight & Hearing. Lions Club of Baltimore Nepalese is working to have some health camps, including sight & hearing screening in the community sometime soon. We did the training to use Welch Allyn device which takes 10 seconds to get your sight report. Pictured below Club Secretary Lion Nara Khakurel with Lion Dave Ellis.







BEL AIR LIONS CLUB HIGHLIGHTS



Zone Chair Sandy Guzewich wears many hats, one of them is President of the Chesapeake Cancer Alliance (CCA). On February 7, she invited us to a Dine and Donate at MaGerk's Pub to benefit CCA.

Pictured DG Sue, along with Lion Diana Wailes (District Diabetes Chair), Cabinet Secretary PDG Jim Katzaman and his wife, Lion Myrna.

After dinner, we all headed to Bel Air's General Meeting. During the meeting DG Sue inducted new member Dave Panshoukian and presented the LCI Club Excellence Award to Zone Chair Sandy, the 2021-2022 Bel Air President.



Would Your Club Like to Receive a Club Excellence Award?

The Club Excellence Award is the ideal way to set your club on the path to continued success while gaining prestige for excelling in the areas of membership, service, leadership and organizational excellence, and marketing.

Upon receiving the award, a banner patch and pin will be awarded to your club president. But more importantly, your club's membership will be revitalized, your service impact will grow and your members will see greater leadership opportunities.

Download application here:

Club Excellence Awards | Lions Clubs International

Email your Club Excellence application to 2022-2023 DG Sue Parks - rich99991@verizon.net no later than 7/31/23.

If qualifications are met, I will forward to LCI by:
August 31, 2023

2022-2023 Awards are then mailed to: 2023-2024 District Governor

For questions, inquiries or to submit your Club Excellence Award Application you may contact us by email clubexcellenceaward@lionsclubs.org or phone (630) 468-6828.



CHURCHVILLE LIONS CLUB HIGHLIGHTS







CHURCHVILLE LIONS CLUB EASTER FLOWER SALE

Friday, April 7 (2 to 5pm) Saturday, April 8 (8am to 5pm) Sunday, April 9 (8am to 2pm)

LOCATION: Rt. 22 & Rt. 136 Churchville – The Old Crown Gas Station Bergs Farm, Provider of Locally-Grown Flowers







CHURCHVILLE LIONS CLUB MOTHER'S DAY FLOWER SALE

Friday, May 12 (2 to 5pm) Saturday, May 13(8am to 5pm) Sunday, May 14 (8am to 2pm)

LOCATION: Rt. 22 & Rt. 136 Churchville – The Old Crown Gas Station Bergs Farm, Provider of Locally-Grown Flowers

Lions, Friends, and Guests,

Thanks to a PR Grant secured by MD22, we will again be able to participate in the Memorial Day Parade and have a great showing for DC, DE, MD & VA area. It will be held on Memorial Day May 29th in downtown DC. We have been a part of this for the past 14 years and have always been well recognized

and appreciated. As the time draws nearer, there will be many communications and directions sent. We hope that you will want to be a part of this.

Please make sure that you pass this information on to each and every Lion so that they may plan to attend and be part of our homage to the Military that has and still is protecting us. We honor the Active Duty and Veterans (Living and Deceased) Military men and women who have served and are still serving.

Lions, please note that unless LCI can provide separate funding in the future, this may be our last time participating.







DARLINGTON LIONS CLUB HIGHLIGHTS

Ugly Waitress Spaghetti Dinner

The Darlington Lions joined with the Darlington Volunteer Fire Company to host an Ugly Waitress Spaghetti dinner. Lions Kirk Wimer, Jim Calcutt and Larry Burton joined with fire company volunteers to waitress the dinner. Other Lions joined in to help dish out the food. This event first started in in 2012, but had been mothballed with the start of COVID. The three-years hiatus did not slow the waitress' down as they served 180 meals. We are very appreciative of the support from fellow Lions from six other clubs in District 22-A who came and enjoyed a meal.



A hearty thank-you to all who assisted with the Ugly Waitress Spaghetti dinner. Larry's calves hurt from hours in high heels, Jim's ear lobes were barking from hours wearing clip-on earrings, and Kirk is still trying to get the curl out of his hair. And thanks to the real women who helped and baked desserts: Sharon, Sherry, Char, and Pam. Good Job!



The club has also welcomed new Lions Mike Waid (left) and Arlene Alascio (right) who were inducted by PDG Owen Landis. Both new members were sponsored by IPCC Larry Burton.



Finally, the club recognized Lion Pam Burton as an Arnall Patz Fellow for her service as a three-year trustee of LVRF and her decade of leadership of the club's pre-school vision program.





40 West Lions Club's



A NEW TWIST TO WINNING CASH & HAVING FUN

Saturday Night - April 29, 2023

7 pm - 11 pm

Dewey Loman American Legion Hall – 1601 Old Sulphur Spring Road, Arbutus, MD 21227

Ticket Donation - \$50 (purchased by April 28th)

Only 126 Tickets Will Be Sold

Chicken Marsala & Side, Salad,

Dessert - Catered by Carrabba's



Music by West Side Rocks Band



chance to win cash, 25th Ticket Drawn wins \$75 100th Ticket rawn wins \$150

Soda, Beer, Wine, Water & Coffee



50th Ticket Drawn wins \$100 125th Ticket Drawn wins \$800



1st Ticket Drawn wins \$50 75th Ticket Drawn wins \$125

Check payable to: 40

West Lions Club:

Chalfonte Dr Catonsville, MD 21228

send to: 445

3 Specials

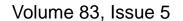
and







Proceeds benefit the 2023 Lurman Woodland Theater's Free Summer Concert Series from June thru August







JARRETTSVILLE LIONS CLUB HIGHLIGHTS

Romancing the Ehrome

11th ANNUAL CAR SHOW TO BENEFIT

THE JARRETTSVILLE LIONS CLUB & THE BEL AIR CORVETTE CLUB

SATURDAY, APRIL 15

3719 Norrisville Rd - Next to Smith Hardware

10AM-4PM
RAIN DATE: APRIL 22





Contact 443-944-5384 for more information

2023 Headline Sponsor:

Jarrettsville Federal

SAVINGS & LOAN ASSOCIATION

3706 Norrisville Rd Jarrettsville MD 21084 410-692-5151 jarrettsvillefederal.com

Jarvis Appliance · Harford Bank

B.E. Miller & Son Septic · ProPaint Systems Carl's Door Service · Madonna Seafood Jerry Preston Hauling

Smith Hardware · Don's Automotive American Design and Build · McComas Funeral Home

North Harford Automotive · Jarrettsville Creamery
Flowers by Bauers · Calary's Auto Repair · Gallant's Automotive
McLaughlin Physical Therapy · Walter G. Coale, Inc. · Debbie Ulmer





SEVERN RIVER LIONS CLUB HIGHLIGHTS

Severn River celebrated our 67th Anniversary on 4/4 with a Dine to Donate dinner at Brian Boru Restaurant in Severna Park. With a \$30 fixed price menu, Brian Boru donates \$10 back to host club. Other than some casual socializing, the only program of the evening was the presentation of two LVRF Arnall Patz Fellowships.



DG Sue, LVRF
Trustee presents
Lions Carl Gilbert and
Jon Valett with Arnall
Patz Fellowships for
their many years of
community service.







50-BAG LUNCHES FOR THE ARUNDEL HOUSE OF HOPE

On 3-2-23 myself, Lion Rollins Clark and his wife Pat, Lion Paula Wilks, and Lion Jackie Hetrick met to make 50 sandwiches and pack 50 bag lunches for the Arundel House of Hope. I then delivered these lunches to the Glen Burnie Office of the Arundel House of Hope. They would be distributed to the homeless population visiting these offices by closing time that day. Also delivered to the House of Hope were toiletries, boots, bedding, and clothing donated by Lion Jackie.

Besides the ham and cheese and turkey and cheese sandwiches, the lunch consisted of a water bottle, crackers, cookies, fruit cups, raisins, fruit snacks, puddings, and candy.

A big thank you goes out to the Severn River Lions and helper who came to make the sandwiches and pack, the Lions who donated food and supplies, and the Lions who made monetary contributions to purchase needed items. YIL Nancy Earley





DIABETES MINUTE

Diana Wailes, District 22-A Diabetes Awareness Chair

Volume 83, Issue 5



TIPS FOR MAKING YOUR ACTION PLAN

Think about your goal: the new version of you!

This is your reason to create new routines that lower your risk of type 2 diabetes.

REMEMBER:

Your action plan helps you to try out new routines that can turn into habits over time. When new routines become habits, they are much easier to stick with. Follow these steps:

Step 1.

Figure out what needs to change. What routine do you want to add, stop, or change?

Step 2.

Plan a new routine. What new routine do you want to try? Remember to be specific and realistic.

Step 3.

Choose a cue or hint. What will help you remember your new routine? Here are some ideas:

- A specific time or place
- A feeling or emotion
- Other people in your life
- · An action right before or right after a regular routine

Be flexible. Review your action plan often. If your action plan isn't working for you, revise it.

Or if you need help getting started, approach the 3 steps like a SMART goal—Specific, Measurable, Achievable, Relevant, and Time-bound.

Make it enjoyable! Change doesn't have to be painful. Find activities and healthy foods that you enjoy.













Register for Tell-A-Thon 3.0

Register now & get all the latest news & updates as they become

https://bit.ly/TellAThon3

Donate to Tell-A-Thon 3.0



VP Dr. Patti Hill invites you to support LCIF through Tell-A-Thon 3.0.

Whether you donate \$5 or \$50,000,

every dollar will make a difference!

Donate by clicking the globe to the left of one of the buttons below.

Please use your area-specific button as appropriate.

All donations count towards Melvin Jones Fellow credit.



REMINDER TO CLUBS

Thank you to the Clubs who have been submitting articles. Please submit your short articles with pictures (jpgs) that you think may be of interest to the rest of the District. These articles must be emailed to me separately from your club newsletters which are often locked into formats I can't use.

Send your articles and photos to InSights' Editor DG Sue Parks (rich99991@verizon.net).

Only email copy is acceptable.

Deadlines for materials:

5/20/23 for June issue 7/20/23 for August issue 9/20/23 for October issue

Upcoming Events

Apr 8 LASH Eyeglass Sorting

Apr 20-23 MD22 Convention, Ocean City

May 21 22-A "Sail-a-bration of Service"

Jun 3 Leader Dog Rally

Jun 24 Club Officer Training, Picnic, Turnover, MSB

Jul 7-11 International Convention, Boston

ROSTER BOOK CHANGES/CORRECTIONS

DECEMBER 2022 ISSUE:

BALTIMORE FORTY WEST – pages 22 and 26

4th Tuesday 6 PM Double T Diner 6300 Baltimore National Pike Catonsville, MD 21228 (Rt 40 West & Rolling Road)

DARLINGTON - remove LEO club indicator – pg 15

ELLICOTT CITY/COLUMBIA - meets at 5:30 pages 22 and 35

LYF – add Kirk Wimer and IPDG Bijoy Mahanti as LYF Trustees, delete Will Feuer – page 73

Calendar and Inside Back Cover

District Social is now scheduled for 5/21/23 from 2 - 6 pm at the Annapolis Elks. Save the Date - much more info coming on our 'Sail-a-bration of Service'!

FEBRUARY 2023 ISSUE

BALTIMORE NEPALESE - Membership Chair Narendra Skakya email - haratiss@gmail.com

Region II Zone 2 Chair Ron Gartrell Corrected email - Rgartrell@lothorian.com

APRIL 2023 ISSUE

FALLSTON - Correct phone for First VP Kent Wilhelm to 410-877-7877



Aberdeen

Given Nuvorwotor - Sponsor Luanne Miller

Bel Air

Douglas Miller - Sponsor David Guzewich

Churchville

Ben Craig, Beth Zinner
- Sponsor Fred Guenthner

Darlington

Arlene Alascio - Sponsor Larry Burton

Jarrettsville

Missy Altenburg, Debbie Moore Ulmer, Mark Walters - *Sponsor Rick Russell*

Christopher Eder - Sponsor Robert Horn