



LIONS CLUBS INTERNATIONAL DISTRICT 22A LIONS CLUB OF BALTIMORE NEPALESE

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Lions Clubs International District 22A
LIONS CLUB OF BALTIMORE NEPALESE

SAVE THE DATE

FOR

HEALTH AWARENESS PROGRAM

Organized in the collaboration with

All the Social Organizations of Baltimore

under the support of

The Maryland School for the Blind

When: Sunday, November 19th 2017

First Session: 9am to 11am

- Diabetes Screening/Blood Pressure Monitor/Lab
- General Health Check-up
- Flu Shot: Managed by Dr. Sargam Mahat

(Age 50+ and one without insurance 35 shots will be given priority for flu shots)

Talk Program: 11 to 12 Noon

Guest Speakers:

Dr. AJAY BHANDARI

Board Certified Psychiatrist, Meritus Health Center, Hagerstown, MD

Mental Health and Suicide Prevention

Mr. DIBYA HADA President America Senior Committee

Nepali Senior Citizen in America and Challenges

Food Courtesy:

- Lion Basav Rajopadhyay
- Lion Bijaya Shrestha- Lion
- Mahendra Deshar **Taste of Taj Restaurant**
- Lion Prakash Maharjan **Mt. Everest Restaurant**
- Lion Mahendra Deshar **Sizzling Bombay Restaurant**
- Lion Mahendra Thapa

(Organizer will also welcome any kind of sponsorship and donation to support this camp.)

Where:

Knefely Gymnasium

The Maryland School for the Blind

3501 Taylor Avenue, Baltimore MD 21236

The School premises is **SMOKE FREE ZONE**

Health Providers:

Lion Dr. Dilli Ram Paudel, Lion Dr. Bishal Bhandari, Lion Dr. Sargam Mahat,

Dr. Niranjana Bharati, Ashmita Shrestha RN, Rashmita Subedi RN

Raina Shrestha RN, Jigisa Bharati RN, Asha Panta RN, Binu Koirala RN, Arun Akash

Shrestha Lab Technician and Nilima Shrestha RN

Sincerely Yours,

Lion Bijaya Shrestha

Club Secretary

For further information: Please contact Lions' Board of Directors.